



2024-25  
*Media Guide*  
U18 AA



## A Tribute to Head Coach Rick Traugott

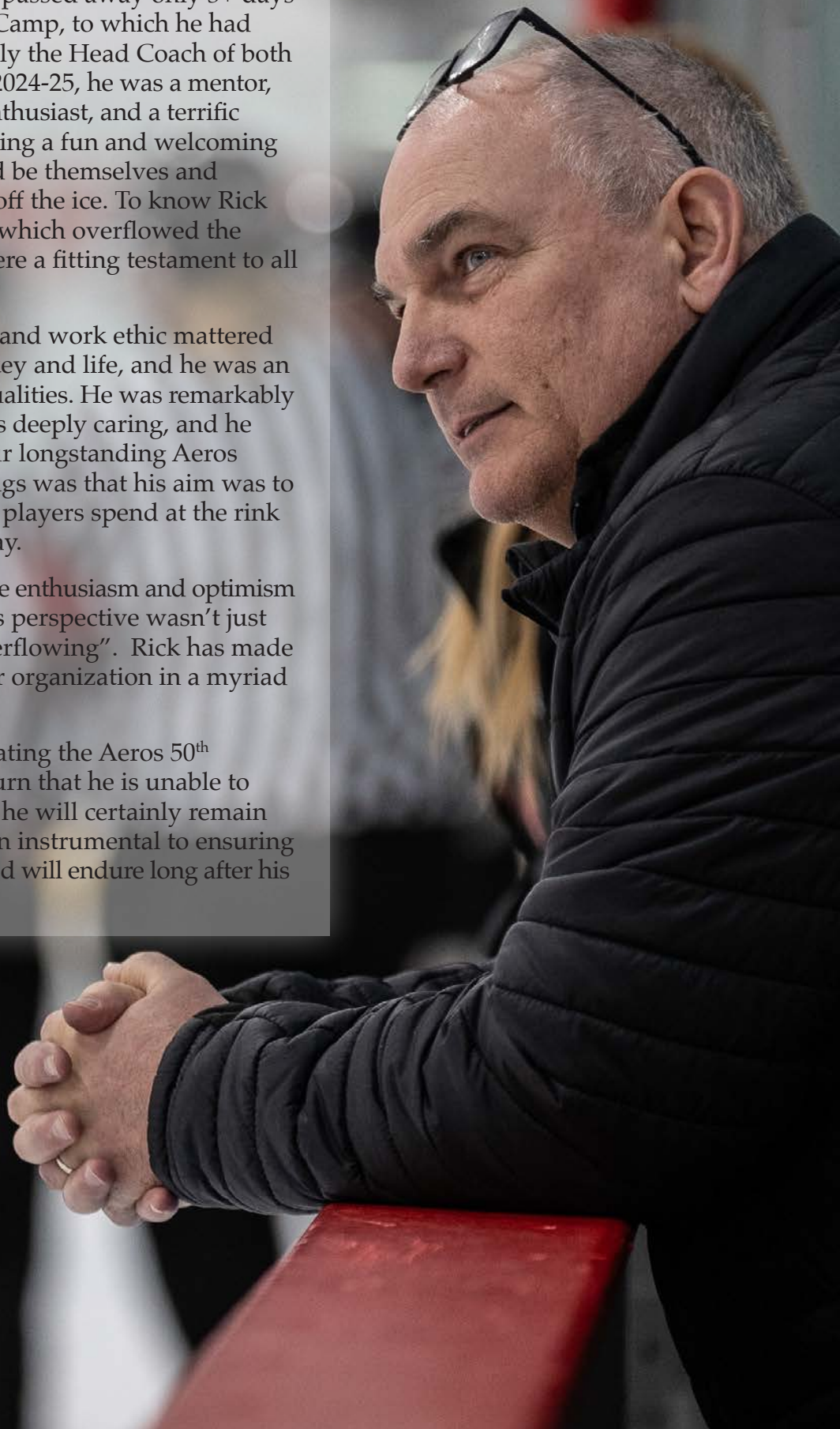
*January 2 1965 - August 12 2024*

Rick tragically and unexpectedly passed away only 3+ days ahead of the Aeros Fall Training Camp, to which he had excitedly looked forward. Not only the Head Coach of both of U18 and U22 Aeros teams for 2024-25, he was a mentor, friend, colleague, a true hockey enthusiast, and a terrific leader with great passion for creating a fun and welcoming environment where players could be themselves and become more successful on and off the ice. To know Rick was to love him, and the crowds which overflowed the chapel at his memorial service were a fitting testament to all the lives he deeply touched.

Rick was adamant that character and work ethic mattered more than anything, in both hockey and life, and he was an exceptional role model of those qualities. He was remarkably humble, kind, authentic, as well as deeply caring, and he truly embraced and embodied our longstanding Aeros values. One of his favourite sayings was that his aim was to make sure the two to three hours players spend at the rink should be the best part of their day.

Rick was a calming presence whose enthusiasm and optimism were striking, and infectious. His perspective wasn't just "glass half full", it was "glass overflowing". Rick has made a great impact on everyone in our organization in a myriad of ways over the past two years.

One of his last initiatives was creating the Aeros 50<sup>th</sup> Anniversary logo. While we mourn that he is unable to celebrate our 50<sup>th</sup> season with us, he will certainly remain with us all in spirit. Rick has been instrumental to ensuring that the Aeros legacy he epitomized will endure long after his passing.





# Toronto Aeros Mission

*To support highly motivated athletes in realizing their full academic, athletic and personal potential through high performance women's hockey, in pursuit of life-long success.*





*Welcome to the 2024-25*

# *U18 AA Toronto Aeros*

## **Team Mandate**

.....  
*To provide an elite U18 girls' hockey program with high standards of commitment and skill development;*

.....  
*To prepare players to play at the next level;*

.....  
*To promote the importance of a higher education for our players;*

.....  
*To maintain the Aeros reputation as a "high class" organization with a high code of conduct for players and team staff;*

.....  
*To emphasize continuous improvement of the entire team and all players rather than individual statistics and winning all games.*

*A Tradition of Excellence*





00

## Sasha Garrido

**Goalie**

**Catches:** Left      **Height:** 5' 6"

**Graduation Year:** 2025  
**Birth Year:** 2007

**Hometown:** Toronto ON

**Previous Team:** Whitby U18AA

**School:** Leaside High School, Grade 12

**Academic Interest:** Law, Real Estate

**Hobbies:** Ball Hockey, Lacrosse, Painting

**Key Achievements:** Honour Roll Student 2021-24; English Award 2021; OFSAA Quarter Finalist 2024; National Canadian Ball Hockey Champion 2023; National Canadian All-Star 2023, 2022; National Canadian Ball Hockey Finalist 2022

**Favourite Quotation:**

*"When you've got something to prove, there's nothing greater than a challenge."*  
– TERRY BRADSHAW



6

## Caileigh Kirby

**Defender**

**Shoots:** Left      **Height:** 5' 7"

**Graduation Year:** 2026  
**Birth Year:** 2008

**Hometown:** Pickering ON

**Previous Team:** Whitby U18AA

**School:** Dunbarton HS, Grade 11

**Academic Interest:** Science, History, Math, Psychology

**Hobbies:** Soccer, Baking, Cooking, Art, Golf

**Key Achievements:** Honour Roll Student 2020-24; Geography Award 2021; Erin Gladwell Leadership Award 2021; Varsity Ice Hockey OFSAA Quarter Finalist 2024; Varsity Ice Hockey LOSSA Silver Medalist; OWHA Provincial Finalist 2023 and 2022; OWHA Southern Division League Finalist 2022; Hearts and Bolts Tournament Gold Medalist 2023; USA/Canada Cup Showcase Gold Medalist 2022; US/CAN Waterloo Showcase Gold Medalist 2022; NY Stormfest Tournament Gold Medalist 2022; Aurora Silver Stick Tournament Gold Medalist 2022; OWHA Eastern Division League Champion 2021-22

**Favourite Quotation:**

*"Everything happens for a reason."*  
– KATE BOWLER



8

## Jaelyn Mundy

**Defender**

**Shoots:** Right      **Height:** 5' 3"

**Graduation Year:** 2028  
**Birth Year:** 2010

**Hometown:** Mississauga ON

**Previous Team:** Etobicoke U15AA

**School:** St. Martin SS, Grade 9

**Academic Interest:** Medicine

**Hobbies:** Biking, Baking, Sketching, Painting

**Key Achievements:** Honour Roll Student 2023-24; Played on the Connecticut Junior Rangers Rose Series Team 2023; Honour Roll 2022-23 School Year; Recipient of the Physical Literacy Award 2022

**Favourite Quotation:**

*"Great things come from hard work and perseverance. No excuses."*  
– KOBE BRYANT



9

**Addy Doctorow**

**Defender**

**Shoots:** Left      **Height:** 5' 5"

**Graduation Year:** 2027  
**Birth Year:** 2009

**Hometown:** Toronto ON

**Previous Team:** North York U15AA

**School:** Humberstone CI, Grade 10

**Academic Interest:** Social Sciences, Business

**Hobbies:** Baking, Sports, Working out, Working at Hockey Camp

**Key Achievements:** Honour Roll Student 2021-24; Hockey Semi-Finalists 2023-24; Varsity Ice Hockey Finalists 2023-24, Semi-Finalists 2022-23; Varsity Ice Hockey Top 5 Goal Scorer and Youngest Player 2023-24; CCM 68 Combine Chicago 2023

**Favourite Quotation:**

*"Perseverance is the hard work you do after you get tired of doing the hard work you already did."*

– NEWT GINGRICH



14

**Evelyn Papadopoulos**

**Forward**

**Shoots:** Right      **Height:** 5' 3"

**Graduation Year:** 2027  
**Birth Year:** 2009

**Hometown:** Toronto ON

**Previous Team:** Caledon U15AA

**School:** Leaside HS, Grade 10

**Academic Interest:** Science

**Hobbies:** Soccer, Lacrosse, Tennis, Piano, Biking

**Key Achievements:** Science & Technology Award 2023; Cross-Country School Team Member and Individual City Finalist 2019-22; Royal Conservatory Grade 5 Piano Certificate with Honours 2022; Bronze Cross and CPR Certification 2022 & City of Toronto Aquatic Staff Member 2022-Present; Level 1 Tennis Instructor Certification 2023 & Leaside Tennis Club Instructor 2023-Present; Level 1 Baseball Umpire Certification 2021 & Leaside Baseball Instructor 2021-Present; OFSAA Varsity Ice Hockey Quarter-Finalist 2024; Stoney Creek U15AA Showcase 2023 Brass Finalist

**Favourite Quotation:**

*"Actions speak louder than words."*

– MARK TWAIN



16

**Makayla Morrison**

**Forward**

**Shoots:** Left      **Height:** 5' 1"

**Graduation Year:** 2028  
**Birth Year:** 2010

**Hometown:** Toronto ON

**Previous Team:** Don Mills Mustangs Boys U14AA

**School:** North Toronto CI, Grade 9

**Academic Interest:** Marine Biology

**Hobbies:** Food & Travel, all things Hockey related

**Key Achievements:** Tier 1 Co-ed Hockey TDSB City Finalist 2024; Pro Hockey Elite 2024

**Favourite Quotation:**

*"It always seems impossible until it's done."*

– NELSON MANDELA



17

## Cameron Dickson

**Forward**

**Shoots:** Left      **Height:** 5' 6"

**Graduation Year:** 2026

**Birth Year:** 2008

**Hometown:** Toronto ON

**Previous Team:** North York U18A

**School:** HumberSide CI, Grade 11

**Academic Interest:** Health, Business

**Hobbies:** Cooking, Baking, Working Out

**Key Achievements:** TSSAA Hockey City Semi-Finalist 2023-24, 2022-23; OFSAA Lacrosse 2022-23; OWHA Provincials U15A 2022-23

**Favourite Quotation:**

*"Self-doubt kills talent."*

– EDIE McCLURG



24

## London Firmin

**Defender**

**Shoots:** Left      **Height:** 5' 6"

**Graduation Year:** 2027

**Birth Year:** 2009

**Hometown:** Newcastle ON

**Previous Team:** Clarington U15AA

**School:** St. Stephen SS, Grade 10

**Academic Interest:** Physical Education, English, Math

**Hobbies:** Skiing, Golf, Soccer

**Key Achievements:** Honour Roll Student; Athlete of the Year 2023; Varsity Hockey LOSSA Silver Medalist 2023-24; Varsity Girls Lacrosse team; Smashville Showcase Gold Medalist 2023; North York Tournament Gold Medalist 2023; OWHA Provincial Bronze Medalist 2018

**Favourite Quotation:**

*"Let your mistakes make you better, not bitter."*

– UNKNOWN



47

## Rachel Phair

**Goalie**

**Catches:** Left      **Height:** 5' 5"

**Graduation Year:** 2025

**Birth Year:** 2007

**Hometown:** Uxbridge ON

**Previous Team:** Toronto Aeros 18AA

**School:** Uxbridge HS, Grade 12

**Academic Interest:** Criminology, Law

**Hobbies:** Photoshop Design, Music, Art, Biking

**Key Achievements:** Varsity Hockey LOSSA Champion 2023; Varsity Rookie of the Year Award 2022-23, 2021-22; Toronto Aeros Holiday Tournament U18AA Gold Medalist 2024; LLFHL U15AA Playoff Finalist 2022; OWHA Provincial Championship Silver Medalist 2022; Aurora Silver Stick Tournament U15AA Gold Medalist 2022; Queen of the Rings U15AA Gold Medalist (Hyperfit High Performance); Bolts and Hearts U15AA Tournament Finalist 2021; Best of the Nest Tournament Gold Medalist 2021; Waterloo Canada/USA Cup Medalist 2021

**Favourite Quotation:**

*"Never let success get to your head and never let failure get to your heart."*

– ZIAD K. ABDELNOUR



55

**Kylie Kumm**

**Forward**

**Shoots:** Right      **Height:** 5' 6"

**Graduation Year:** 2026  
**Birth Year:** 2008

**Hometown:** Innisfil ON

**Previous Team:** Barrie U18A

**School:** St. Anne's School, Grade 11

**Academic Interest:** Health Sciences, Computer Engineering

**Hobbies:** Baking, Painting, Lacrosse, Ultimate Frisbee, Volleyball, Flag Football

**Key Achievements:** Elected Member of Athletic Council 2023-24; BWA High Performance 2021-23; Bradford Girls Club 2022-23; Team Captain for Flag Football 2023; Provincial U15A Box Lacrosse Finalists 2023; Provincial U15A Box Lacrosse Champions 2022 -- Inductees to Barrie Sports Hall of Fame

**Favourite Quotation:**

*"Don't sit down and wait for the opportunities to come. Get up and make them."*

– MADAM C.J. WALKER



67

**Alexis Belchetz**

**Defender**

**Shoots:** Right      **Height:** 5' 3"

**Graduation Year:** 2027  
**Birth Year:** 2009

**Hometown:** Toronto ON

**Previous Team:** Scarborough U15AA

**School:** Tanenbaum CHAT, Grade 10

**Academic Interest:** Science, Medicine

**Hobbies:** Volleyball, Baking, Working Out, Surfing

**Key Achievements:** Honour Roll Student; Student Council Rep 2023-24, 2022-23; JDSSL Volleyball Captain 2022-23; JDSSL Soccer Champions 2022-23; Scarborough U15 AA Hockey Captain 2023-24; Brampton Canadettes Easter Tournament Champions 2022-23; Kanata Girls Hockey Tournament Champions 2021-22; Ran Private Skating Lessons Business 2022-24; Volunteering with and baking food for the homeless 2021-24

**Favourite Quotation:**

*"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."*

– THOMAS EDISON



68

**Lila Warren**

**Forward**

**Shoots:** Left      **Height:** 5' 8"

**Graduation Year:** 2027  
**Birth Year:** 2009

**Hometown:** Stouffville ON

**Previous Team:** Markham Stouffville U15AA

**School:** Stouffville District SS, Grade 10

**Academic Interest:** Science, Math, Music

**Hobbies:** Softball, Basketball, Reading, Baking, Music

**Key Achievements:** Honour Roll Student; Graduated Grade 8 with Awards in Citizenship, Leadership, STEM, and Athletics; Varsity Ice Hockey Bowmanville Winter Classic Gold Medalist 2023; Cammi Granato U15AA Tournament Finalist 2023; Toronto Aeros Holiday Classic Tournament Finalist 2024

**Favourite Quotation:**

*"The goal is simple: Be better than you were yesterday."*

– ALLISTAIR MCCAW





**Nina Bender**

**Forward**

**Shoots:** Left      **Height:** 5' 6"

**Graduation Year:** 2027

**Birth Year:** 2009

**Hometown:** Maple ON

**Previous Team:** Central York U15AA

**School:** Westmount CI, Grade 10

**Academic Interest:** Physical Education, Science, Technology

**Hobbies:** Working Out, Writing, Dancing

**Key Achievements:** Athlete of the Year 2022-23; Cross-Country 4th place 800m; CPR Certified

**Favourite Quotation:**

*"You miss 100% of the shots you don't take."*

– WAYNE GRETZKY



**Sloane Fine**

**Forward**

**Shoots:** Right      **Height:** 5' 9"

**Graduation Year:** 2027

**Birth Year:** 2009

**Hometown:** Oakville ON

**Previous Team:** Burlington U15AA

**School:** Appleby College, Grade 10

**Academic Interest:** Science, Business

**Hobbies:** Baseball, Golf, Travel, Time with Friends and Family

**Key Achievements:** Honour Roll Student; CISAA Hockey Championship 2023-24 (Appleby College); Coaches Choice Award (Floor Hockey, Baseball, Flag Football, Track); Citizenship Award 2022-23

**Favourite Quotation:**

*"We don't want to tell our dreams, we want to show them."*

– CRISTIANO RONALDO



**Dalyn Fairey**

**Forward**

**Shoots:** Right      **Height:** 5' 2"

**Graduation Year:** 2027

**Birth Year:** 2009

**Hometown:** Bowmanville ON

**Previous Team:** Clarington U15AA

**School:** St. Stephen CSS, Grade 10

**Academic Interest:** English, Art

**Hobbies:** Working Out, Soccer, Listening to Music

**Key Achievements:** Honour Roll Student 2022-24; French Award 2023; Athletic Award 2023; LOSSA Ice Hockey Tier 2 Silver Medalist 2024; OWHA Provincial Bronze Medalist 2018

**Favourite Quotation:**

*"Practice like you've never won. Play like you've never lost."*

– MICHAEL JORDAN



**Lily Malden**

**Forward**

**Shoots:** Right      **Height:** 5' 3"

**Graduation Year:** 2027

**Birth Year:** 2009

**Hometown:** Thornhill ON

**Previous Team:** Markham-Stouffville U15AA

**School:** Bill Crothers SS, Grade 10

**Academic Interest:** Math, Science

**Hobbies:** Soccer, Baking, Piano

**Key Achievements:** Honour Roll Student 2022-24, Highest Graduating Average GMPS 2023; Yes I Can Community Service Award 2023; Female Athlete of the Year Award GMPS 2023; Regional Cross-Country 2023; High School Hockey Tournament Champions Fall 2023; Cammi Granato Showcase Finalist 2023; Willowdale Hockey Club Learn to Play Volunteer

**Favourite Quotation:**

*"Talent wins games, but teamwork and intelligence wins championships."*

– MICHAEL JORDAN



**Kaley Elliott**

**Defender**

**Shoots:** Left      **Height:** 5' 8"

**Graduation Year:** 2025

**Birth Year:** 2007

**Hometown:** Alliston ON

**Previous Team:** Toronto Aeros U18AA

**School:** Everest Academy, Grade 12

**Academic Interest:** Business, English, Biology

**Hobbies:** Reading, Running, Writing

**Key Achievements:** Everest Academy Student Council Member; Honour Roll Student Grades 8 & 9; Fluent in French, Currently Completing French Diploma; Simcoe County DSB Presenter on New French Immersion Program; Bronze Medallion in Lifeguarding, CPR Certified; Excellence Award 2021-23; Character & Responsibility Awards 2021-22; Triple Jump Regional and District Champion; 1st Place 100m, 200m, 800m, Long Jump 2021; 2nd Place Shot Put 2021; 3rd Place District Relay Team 2021 ; Placed 23rd in District Cross Country; Lacrosse Division Gold Medalist 2018 & 2x Team Captain

**Favourite Quotation:**

*"Either you run the day or the day runs you."*

– JIM ROHN



**Kylie McLellan**

**Forward/Defender**

**Shoots:** Left      **Height:** 5' 3"

**Graduation Year:** 2027

**Birth Year:** 2009

**Hometown:** Bowmanville ON

**Previous Team:** Clarington U15AA

**School:** St. Stephen CSS, Grade 10

**Academic Interest:** Mental Health

**Hobbies:** Photography, Golf, Baking, Running, Walking

**Key Achievements:** Community Service with Local First Shift Program; Participated on the 2023-24 Varsity Hockey Team; Nashville Tournament Champion 2022-23

**Favourite Quotation:**

*"Hard work beats talent when talent doesn't work hard."*

– TIM NOTKE



## Toronto U18 Aeros Staff



### Neil Doctorow - Head Coach

416-509-6296 [neildoctorow@gmail.com](mailto:neildoctorow@gmail.com)

Neil played MTHL hockey before pursuing Rugby at Western and York Universities, earning a Specialized Honours degree in Kinesiology and a Bachelor of Education. After graduating, Neil played semi-pro Rugby until age 30. In 2002, Neil began coaching varsity girls hockey at Unionville SS. His passion for athlete development led him to establish PEAC, Canada's first sports school in Eastern Canada, which has produced NHL stars including Connor McDavid, Travis Konecny, and Lawson Crouse, as well as Aeros alumnae Breanne Grant and Camryn Tait—who also worked with Neil's hockey school (Central Hockey Academy). His international credits include coaching tournaments in China, Russia, and Czechia and running camps for former IIHF Spanish President Frank Gonzalez and for Ak Bars Kazan. Additionally, Neil established the first academic-athletic program with the Red Bull Academy in Salzburg, Austria, collaborating with Pierre Page, formerly Quebec Nordiques coach, and Hall of Famer Brian Savage. Most recently, Neil worked with Kevin He, who was drafted by the Winnipeg Jets, and Ty Nelson, drafted by the Seattle Kraken. Neil has extensive GTHL AAA and AA coaching experience and served as General Manager for the Chinese National U18 and U21 teams. He worked under former NHL coach Mike Keenan, and led the hiring and managing of Boston Bruins coach Steve Kasper. As an Educational Consultant who also holds a High Performance 1 Coaching certification, Neil applies his diverse knowledge to training both girls and boys. He is honored to join the Aeros and is committed to continuing the legacy of Rick Traugott alongside TAGHA's expert coaching staff.



### Whitney Kennedy - Co-Coach

416-838-2107 [whitney.kennedy21@gmail.com](mailto:whitney.kennedy21@gmail.com)

Whitney is in her 10th year coaching with the Aeros, initially with our former Bantam AA affiliate, before joining the Junior staff 5 years ago where she is now the Head Coach. Prior to that, she was a hockey instructor at Canlan Oakville hockey camps for many years. She is a two-year alumna of the Junior Aeros, where she was Assistant Captain and Centre, winning a League Championship. In her graduating season with the Junior Aeros, she scored 25 goals, including goals against Harvard and Brown in D1 Exhibition play. Following that, she won an ECAC regular season title and Ivy League Championship playing at then nationally-ranked Harvard, while earning All-Academic honours. She graduated from Harvard with an Honours degree in both History and Science (Mind Brain Behaviour certificate), and Global Health & Health Policy, and is currently a Director of Commercial Advisory & Strategy for Infrastructure Ontario.



### Claire Dalton - Associate Coach

Claire is a 3 year Aero alumna of our U18 and U22 programs, who is again coaching for a second season with both our teams until the PWWHL season begins. Claire first won Provincial Silver with our U18s, then League Silver in 2017 and League Gold in 2018 as an Assistant Captain. With Team Ontario Red, she won the National Championship in 2017, and was a member of Team Canada U18 in 2017-18. She graduated from Yale in Economics in 2023, achieving 4 year All-Academic honours. Claire was elected Team Captain as a Senior, receiving Yale's prestigious Molly Meyer Humanitarian Award. She shattered Yale's career assists record (89) set 35 years ago, earned 2nd team All-Ivy honours, 3rd team All-ECAC honours twice, All-ECAC Tournament honours and 2 Team MVP awards. As a Senior, she led the team in GWG including an OT winner to secure Yale's first ever Ivy League title. Claire is #2 in career points for Yale with 133 points in 130 games.



### Molly Maclellan - Associate Coach

Molly grew up playing competitive hockey in Calgary, acting as Team Captain for the Calgary Midget AAA Flyers in her final minor hockey season. She went on to join the Queen's University varsity team, winning the OUA championship in the 2012-13 season. Molly then served as the video coach for the Queen's women's team for 2 seasons, while also coaching a number of skills development programs in Kingston. She graduated from Queen's with a Bachelor of Science Honours as a Life Sciences Major in 2016, followed by an MBA in 2021. After moving to Toronto, she became an Assistant Coach with Leaside Bantam A. We are happy to welcome Molly to the Aero's U18 staff this season.



### Natalie Pantaleo - Associate Coach

Natalie is a 3 year Aero alumna of our U18 and U22 programs where she was a linemate of Claire Dalton, and is starting her first year on the Aeros coaching staff. Natalie won a Provincial Silver Medal in 2016 with the U18 Aeros. With the Junior Aeros, again won a Silver Medal in 2017, and went on to win League and Provincial Gold Medals in 2018. Natalie subsequently played for the Toronto Metropolitan University Varsity Hockey team in the OUA. She graduated with a degree in Criminology and Spanish in 2023, achieving both the Dean's List and Distinction. She is currently an Associate at Scotiabank for the Catalyst Development Program. Welcome Natalie!



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